

Summer Sessions for Families
at
5 A DAY Market Garden
Englefield, near Theale RG7 5EL

Starting Wednesday 11th August for
three weeks only

Do you want to find out how to grow
your own delicious fruit and vegetables
- and help wildlife too?

Would you like to make an eco-art
sculpture and home for ladybirds and
other beneficial insects?

Would you like to grow vegetables and
salad crops to eat during the autumn
and winter?

Do you want to grow fruit and
vegetables but you don't have a
garden?

Book your place on **Summer Sessions for Families** at
5 A DAY Market Garden in Englefield to do all of these and more!

Summer Sessions for Families are
led by the **5 A DAY** Head Gardener
Pam and her band of experienced
volunteers.

Each session is designed to help
everyone who wants to know how to
grow fruit and vegetables in a
wildlife-friendly way.

You'll be amazed at what you can do
- and pick strawberries too!



Summer Sessions for Families are perfect if you:

- are starting out in gardening
- want to grow vegetables in containers on your back yard or patio
- are getting an allotment or community gardening with friends and neighbours
- are an experienced gardening family keen to learn more

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5 A DAY Market Garden Summer Sessions for Families

10am to 1pm, Wednesdays, Thursdays, Fridays
11-13 August, 18-20 August and 25-27 August.

Fees include light refreshments.

Price per session: £4 per adult, £2.50 per child.

Payment in advance preferred please, by cheque or cash.

BOOKING ESSENTIAL

Places on Summer Sessions for Families are limited.

Contact Pam, the Head Gardener on 5adaymg@googlemail.com or call 07939 676050.



Bring a picnic, enjoy salads from the 5 A DAY Market Garden, go home with a special 5 A DAY goody bag full of strawberries, young plants and produce.

5 A DAY Market Garden address: The Street, Englefield, Theale, RG7 5EL

How to get there.

From M4 junction 12

Take the A4 towards Newbury. At the second roundabout turn right onto A340. Go past the entrance to Englefield House. Turn left into Englefield hamlet. Look out for the roadside signs with 5 A DAY logo.

From Newbury

Take the A4 through Woolhampton. At Sulhamstead turn left onto the A340. Go past the entrance to Englefield House. Turn left into Englefield hamlet. Look out for the roadside signs with 5 A DAY logo.

From Pangbourne

Take the A340 south from the village centre. Go over the motorway. Take the second turning right. Look out for the roadside signs with 5 A DAY logo.

5 A DAY Market Garden is a not for profit community enterprise. Summer Sessions for Families are held on the Englefield Estate. Please park carefully to allow access to Englefield Garden Centre and residents' homes.

